Rationale:

Students are to learn about a significant Aboriginal Rugby League player and how they have influenced the game and present their profiles.

Related social activity: Touch football

Lesson

Resources

Internet

Worksheet

Method:

1. Students are to research a famous Aboriginal rugby league player from either the 70/80/90/2000’s (or one from each)
2. Use the internet to fill in the worksheet
3. Students present their player profiles (as a power point in class optional)
Research: Player Profile

You are to choose a famous Aboriginal Rugby League player from the 70’s, 80’s, 90’s or 2000’s. Using the internet answer the following questions provided.

You are to present your findings to the rest of the class.

You are to present your findings in a power point (Optional).

Players Name

Picture of player

How old are they today?

Where were they born? (Show Location on a map)

How old were they when they became a professional?

Which Club did they play for? (Display the clubs emblems)

Are they still playing or have they retired?

What trophies have they won and in which year? (Photos of the trophies)

How has this player influenced the game?

How have they contributed to the community and game?
Rationale

Students will use basic game data and personal choice to participate in a footy tipping competition. Students will record and translate data using simple tables. This activity should be used to support prior learning in the area of probability.

Related Social Activity: Touch Football, Soccer or AFL games

Lesson

Equipment

Footy Tipping Card – individual and class sets. Class set could be kept online or as a hard copy.

NRL or AFL or Premier League results.

1. Students should be provided with information on each footy team. This may be a paper copy or it may be via internet access.

2. Start with a discussion. Talk about how the football competition works ie that each week teams compete with each other. Talk about the probability of each team winning each week. Ask if there is always a 50% chance that a team would win. Ask what factors might affect if a team is more likely to win or lose. Talk about where to find out this information. Show students samples of other tipping competitions and how hard it is to predict a winning team.

3. Decide as a class how points will be awarded eg 2 for a win, 1 for a draw and 0 for a loss. Talk about when (the closing time) for students to decide their teams. Talk about a deadline and agree what will happen if a student does not enter their tips (eg will they be awarded all the home teams or all the away teams?)
4. Students need to also decide if the tips will be secret or public. Talk about how they will feel if others enter the same tips as them. Again talk about the difficulty in predicting a winning team. If possible an online copy that cannot be altered or lost should be entered.

5. Decide on weekly prizes and grand final winning prizes eg merit awards each week and a canteen voucher for the final prize.

6. Each week before the deadline some time will need to be given in class for students to consider their choices. Students should be encouraged to engage in conversations and share knowledge. As the season progresses students may become more aware that some students are better at “tipping” than others. Discuss what factors need to be considered (eg do teams at the top of the ladder always lose?)

7. After the final game for each round student scores should be tallied and updated.

8. The winner of each round should be acknowledged.

9. This activity could be run as a group challenge where cooperation and collaboration will be necessary.

10. Other sports, even international sports, could be used during the off season.
FOOTY TIPPING MATHS

Online Resources

AFL schools tipping comp online


Online tipping for NRL and other sports

http://au.oztips.yahoo.com/

Mathematics

WMLS.2 uses a range of strategies in solving problems
WMLS.5 links their mathematical experiences to everyday life
NLS.16 recognises and describes the elements of chance in everyday events
DLS.1 reads and interprets tables and data displays
DLS.2 gathers, organises and displays data
Rationale:

Students will learn to recognise and interpret the given statements about the NRL and identify the correct answer to tell if it is a fact or an opinion and apply the knowledge in a game of ‘Touch Footy’.

Related social activity: Touch football

Lesson

Resources: Computer, Online NRL game, Facts and Opinions Worksheet

Method:

1. Students log on to the Internet and learn about the NRL rules.
2. Play the Online NRL game - Big Hit. The link is http://www.gamesolo.com/flash-game/the-big-hit.html
3. Complete the worksheet NRL Facts and Opinions
4. Discuss the results.
Rationale

Students will learn about the association between music and sports

Related Social Activity: Cheerleading, Crowd behaviour

Lesson

Equipment – YouTube link, worksheets, access to a data projector

1. Ask students to brainstorm the songs that are played in connection to sport. Have them think of the music played at sporting events (or on TV advertising).

2. Use the link to outline some of the most famous music used in Australian sports.

3. Play the pieces and ask students to describe the tempo, beat and dynamics of the piece.

4. Use percussion instruments to join in with the songs with a strong beat. Alternatively students could create simple clapping and stomping routines.

5. Complete the Music Anthems worksheet

6. Have the students select and list their top five songs.

7. Learn the words and perform at least one of the pieces.

Link

Blogs.abc.net.au/grandstand/2012/01/Patrick-the-interns-top-21-sports-songs.html
Music Anthems

An Anthem is a:-

1. song of allegiance
   A song praising and declaring loyalty to something, e.g. A country, cause or organisation

2. rousing popular song
   A stirring, often commercially popular song that has become associated with a group, period, or cause and celebrates a sense of solidarity with it

Listen to 2 Music Anthems and record the following information

| Title of the song | ________________________________ |
| Artist | ________________________________ |
| Associated with what sport? | ________________________________ |
| Describe the tempo? | ________________________________ |
| Describe the dynamics? | ________________________________ |

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| Describe the tempo? | ________________________________ |
| Describe the dynamics? | ________________________________ |
Up There Cazaly

Well you work to earn a living
But on weekends comes the time
You can do what ever turns you on
Get out and clear your mind
Me, I like football
And there's a lot of things around
But when you line 'em up together
The footy wins hands down

Up there cazaly, in there and fight
Out there and at 'em, show 'em your might
Up there cazaly, don't let 'em in
Fly like an angel, you're out there to win

Now there's a lot more things to football
That really meets the eye
There are days when you could give it up
There are days when you could fly
You either love or hate it
Depending on the score
But when your team run out or they kick a goal
How's the mighty roar (hooray, hooray)

Up there cazaly, in there and fight
Out there and at 'em, show 'em your might
Up there cazaly, don't let 'em in
Fly like an angel, you're out there to win

Up there cazaly, you're out there to win
In there and at 'em, don't let 'em in
Up there cazaly, show 'em you're high
Fight like the devil, the crowds on your side

Ahhh...
Up there cazaly, in there and fight
Out there and at 'em, show 'em you're might
Up there cazaly, show 'em you're high
Fight like the devil, the crowd's on your side
The - crowd's - on - your - side...
We Are The Champions

I've paid my dues
Time after time
I've done my sentence
But committed no crime
And bad mistakes
I've made a few
I've had my share of sand kicked to my face
But I've come through
And I need to go on, and on, and on, and on

We are the champions, my friends
And we'll keep on fighting till the end
We are the champions
We are the champions
No time for losers
'Cause we are the champions
Of the world

I've taken my bows
And my curtain calls
You brought me fame and fortune
And everything that goes with it
I thank you all
But it's been no bed of roses
No pleasure cruise
I consider it a challenge before the whole human race
And I'd never lose
And I need to go on, and on, and on, and on

We are the champions, my friends
And we'll keep on fighting till the end
We are the champions
We are the champions
No time for losers
'Cause we are the champions
Of the world

We are the champions, my friends
And we'll keep on fighting till the end
We are the champions
Eye Of The Tiger

Risin' up back on the street
Did my time, took my chances
Went the distance now I'm back on my feet
Just a man and his will to survive
So many times, it happens too fast
You trade your passion for glory
Don't lose your grip on the dreams of the past
You must fight just to keep them alive

(Chorus)
It's the Eye of the Tiger
It's the thrill of the fight
Rising up to the challenge of our rival
And the last known survivor
Stalks his prey in the night
And he's watching us all
With the Eye of the Tiger

Face to face, out in the heat
Hangin' tough, stayin' hungry
They stack the odds till' we take to the street
For we kill with the skill to survive

(Repeat Chorus)

Risin' up straight to the top
Had the guts, got the glory
Went the distance, now I'm not gonna stop
Just a man and his will to survive

It's the Eye of the Tiger
It's the thrill of the fight
Rising up to the challenge of our rival
And the last known survivor
Stalks his prey in the night
And he's watching us all
With the Eye of the Tiger.

The Eye of the Tiger
The Eye of the Tiger
The Eye of the Tiger
The Eye of the Tiger
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Title of the song __________________________________________________________

Artist ________________________________________________________________

Associated with what sport? _____________________________________________

Describe the tempo? ___________________________________________________

Describe the dynamics? _________________________________________________

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+ + + + +

Title of the song ______________________________________________________

Artist ________________________________________________________________

Associated with what sport? _____________________________________________

Describe the tempo? ___________________________________________________

Describe the dynamics? ________________________________________________
Adam Goodes

Nice guy Adam Goodes’ warrior spirit is fiercest off the AFL field

He’s one of the AFL’s true greats – a dual winner of the prestigious Brownlow Medal, three-time All-Australian champion and a key cog in the Swans’ 2005 premiership win. But nice guy Adam Goodes’ warrior spirit is fiercest off the field.

Adam, you’re in your 14th season with the Swans and your second as captain. Yet you still consider your non-footy life a better expression of who you are?

On the footy field I’m a creature of instinct – running around, not thinking, reacting – a pure expression of my Aboriginality, an equal on a level playing field. But off the park I’m borne of a different skin colour and that means I’ve got to think deeply about what I do and the choices I make.

So much of Aboriginal history is about being denied that basic right. Your own family is testament to that isn’t it?

My mother was one of ten children and she and eight of her brothers and sisters were taken from their parents in the 60s and 70s, never to see them again. My own parents split when I was four and alcohol and domestic abuse were part of my upbringing while my stepfather was around. It all made me grow up very quickly and appreciate the family I had, particularly my mum who sacrificed so much to raise my two younger brothers and I.

How deep did your own trouble get?

We moved around a lot as kids and, almost without exception, I was the only black kid at school and on the football team. When I got to high school the principal introduced me to some kids to be my new friends. In the bus shelter they lit up yandi [cannabis] and offered me a puff. Nearby on the oval some kids were kicking a Sherrin. I’d never smoked marijuana and to that point I’d only played soccer. But a kick was a kick, so I walked to the oval and said: “Can I join in?” That decision changed my life.
The other key choice you’ve made is to actively study your people’s past and chart them a different future, right?

For me that meant doing a Diploma in Aboriginal Studies at Eora TAFE – what an eye-opener that was. Up to that point all I knew about being Aboriginal was to be called a ‘black c***’ in the schoolyard and on the footy field. Once I educated myself on the Stolen Generation and the history of indigenous players in the AFL I asked myself some hard questions.

It led to you writing a now-famous essay ‘The Indigenous Game’ which saw you labelled a “racist” by one historian…

… because I said that Aboriginal people were born to play AFL football. Look, I’m an open, honest guy and I stand by that belief – Australian football is a game we love to play and we bring unique skills to it. Writing that article there was no hiding away from the bad bits of our history. It’s important to shine light on the dark past because that’s what has defined indigenous players in our game. That past is what informs the rules we live and play by now.

Is that discipline harder to maintain in so fast and fickle a town as Sydney?

Sydney’s a tough market to do business in – for players, for sponsors and for fans. But once you’re in, you’re in. Sydneysiders love their red-and-white and support us week-in, week-out. But the bottom line is we want as many people watching, playing and participating in AFL as we can. The new Greater Western Sydney side next year will help a lot with that.

Eh? I thought it was all-out war between the Swans and GWS for Sydney’s heart?

Sydney wants GWS to be successful – if there are two great clubs in this city, the game’s successful and clubs, communities and fans reap the benefit. We all want that so we’ll work together to get it. As for the indigenous players at GWS, we’ll go out of our way to form a bond with those guys. We come from the same place inside.

Does Sydney feel Aboriginal to you?

Sydney is my home, it has been for 15 years and will be for many, many more. It’s a very spiritual place. I know a lot of Aboriginal people and communities in Sydney and wider NSW and it’s great to share Sydney’s indigenous stories with them. We recently formed Black Swans, a supporter group for indigenous Sydney Swans fans, and Michael O’Loughlin and I have the GO foundation doing fantastic things in education, employment and health.

We hear you’ve taken Sydney’s young indigenous players under your wing…

The biggest challenge young Aboriginal players face is moving away from home and finding people to talk to and trust in the city. In a professional environment like footy, the pressure of training, playing, eating right and behaving appropriately can defeat you before you’ve even begun. That’s why, when I re-signed with Telstra as an ambassador, I took young Lewis Jetta and Byron Sumner with me so they can see what that sort of meeting looks like. It opens their eyes to the fact that being a footballer isn’t just about playing football. It creates an income, sure, but it also supports initiatives and community programmes that can become a big parts of your life.

Football isn’t that simple though is it? You’ve admitted to carrying “baggage” – how much of your game is mental?

Ninety per cent. When my mind is clear, my body feels good and I play well. When I’m physically injured I do more meditation. The mind is a powerful thing – it plays tricks on you all the time – but you can use it to trick your body the other way too. When it comes to ‘baggage’ we’ve all got it. It’s the extent to which you let it affect you and how you control it that decides whether you win or lose. Me? I’m human. Criticism and outside factors from my past affect me. So I do yoga, meditate and I visit a sports psychologist most weeks. Most of the time we don’t even talk about footy, I just debrief
and talk about random stuff to keep myself ticking over.

**Very Zen. But doesn’t every footballer live or die by his level of ‘mongrel’?**

I didn’t have mongrel at the start of my career. But I’ve learned since that I can cross the white line, find some mongrel and still be the person I want to be off the field. That balance has been a long time coming for me. But the heartache of losing the 2006 Grand Final by a point and the disappointment of falling short in big games helps you find that mongrel and fuels a burning desire to do better. I want to be the best footballer and captain and man I can be, but that doesn’t mean focusing on myself. The true sign of great leadership is bringing the best out of others.
Off To The Footy (Short Story)

by Megan Powell, Lilydale High School - Australia

So as I wake up this morning I realize it's round 3 for the AFL. I can not wait to go, it's a Sunday game and wait I have to check if my friend's can still come, so as I ran inside I looked up at the sky clear blue and the sun shining down, its a perfect day for the footy.

“Morning Mum” I said to mum as I walked happily into the house. “Morning Megan, I’m going to work today, are you still going to the footy? Anyway who are you going with? And how are you getting there and back?” mum asked me while walking around the house and getting ready. “Well I’m going to Cayley’s now and were going to call Tom and Jayden, We are going to catch the train there and back, but are Brooke and Joel going over next door for the day.” I asked mum. “Yeah they are, well I have to go to work now, but be careful and call me.” Said mum giving me a kiss goodbye. “Bye mum I love you.” “bye I love you too.”

So I walked over to Cayley’s house and we stated making the calls, Thank god Tom and Jayden were together at Toms so we could just meet them on the bus, and then we get to the station together. So we tolled them the plans, and it was all good and we have 1 and a half hours to get ready.

Running back home to have a shower I realized that this was the first game that all of us four have gone together. Running to my room getting my shorts, footy jumper and everything else I had to pick pase, I had the fastest shower ever and before I new it me and Cayley were on the bus with Tom and Jayden.

“Hey guys.” Me and Cayley said together.
“Hey Girls.” Said the boys.
So chattering away to ourselves, Catching the train went so quick, we just kept saying “ Richmond are going to win boys just face to facts.”
“Nar Essondon will girls.”

I was so pumped I could feel the excitement building up in me, I knew this was going to be a good game. “Hey guys I’m going to tell you this now I go metal so just a heads up for.” I was just saying to Cayley, Jayden and Tom but they sat there laughing and Cayley said “Hahaha so do I.”
So the first 15mins in the game and you here me and Cayley screaming and cheering. “BALLLLL. Umpire its holding the ball!” Score Richmond 6.5.35 to Essendon 3.7.25

More cheering from both us and the boys as half time game and it was one point the difference Richmond were up. So waiting around for the 3rd quarter Jayden asked “Did you guys want anything while I’m going to get a pie and drink?” “Yes please pies and drinks sound good” we all said. Then the bounce came and the Tigers got the center break bam Jake King kicks the first goal of the quarter. 4th quarter came and it was a draw, 78 all.

As the excitement built up as it was the last quarter with 47 seconds to go it was a draw 98 all Richmond get away in the bounce quick hand pass out to Deledio, Deledio long kick into the Tigers forward 50 as Riewoldt takes a high flying mark the goal was kicked Richmond had won the game. Cheering, Yelling and screaming. The boys were shattered as we left the ground and made our way home. “Well thank you for a amazing day guys” “Yeah thanks.” They replied. “Can’t wait for the next game ?!”